



Assistant Principal *Ex*celeration

Show Notes, Episode 33: Persistent Growth with Emily Parks

About this show:

We are all teachers here, right? So, I can be honest, Right? We love all children equally and we have no favorites. That said, there are always those students who give us energy. They bring a passion for learning that inspires us to be at our best. I had those kinds of learners when I was a middle school teacher, when I was a professor at Clemson University, and I have them now as I work with APs in the APEX program. In fact, today's guest is one of those special "students" because she is passionate about her learning, always brings her A game, and inspires me to be better.

Notable Quotes

Emily Parks:

"If I want my teachers to grow and learn and be better, and I want my students to learn and grow and be better, then I have to learn and grow and be better"

"Professional learning has to be a priority"

"[5 minute coaching] gets them to be reflective without me trying to push them into being reflective"

"One thing that I really liked about my APEX experience is that it exposed me to areas of leadership that I may have not realized on my own that I did need"

"Keep on learning and keep on growing... the world is changing and education is growing and if we aren't changing, we are going to get left behind"

Frederick:

"It isn't about fixing stuff, it isn't about making the world perfect, it's just about making things a little bit better"

"One of the things we can do better is to make our own learning and our own growth goals more transparent to teachers"

"We can't manage time; we have to manage priorities"

"5 minute coaching:

Start with a positive affirmation

3 questions and then BE QUIET and that is the hardest part

1. What else is going well?
2. Were there any surprises?

<https://www.frederickbuskey.com/apex-members-page.html>



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3. Would you do anything differently?"

"APEX is a community without professional development, not professional development with a community"

Links:

John Maxwell: <https://www.johnmaxwell.com/start-your-journey/>

Brian Mendler: <https://www.tlc-sems.com/Brian-Mendler/>

My email: frederick@frederickbuskey.com

The Assistant Principal Podcast website: <https://www.frederickbuskey.com/appodcast.html>

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