



*Improving life and leadership of assistant principals*

### **Five for Friday Show Notes**

#### **Teaser:**

For about three weeks we had a tight focus on mentoring. I hope you embraced the three core messages:

1. Spend more time with and show more appreciation for your mentor
2. If you don't have a mentor, find one
3. Be intentional about mentoring others

Beginning this week we pivoted to our next big theme: traveling the five stages from being an urgent leader to a strategic one.

This week's big idea: You can't move forward by staying where you are.

---

Hello colleagues and welcome to The Assistant Principal Podcast, I'm your host Dr. Frederick Buskey.

I've been growing leaders and future leaders for over 30 years. Through my own experiences, and through working with hundreds of other leaders, I've learned that school leadership is a journey that occurs in three phases:

Urgent leaders spend their time completing tasks, but...

Intentional leaders invest their time building systems. However...

Strategic leaders create time by growing people.

In 2018 I founded Strategic Leadership Consulting to help make this journey more enjoyable for leaders like you. Through my daily email, monthly micro-journal, online community, my upcoming book, and, of course, this podcast, I keep you company on this journey and provide you with actionable ideas and tools to live and lead better today and tomorrow.

Today's episode of Five for Friday recaps the strategic leadership emails for the week of February 20-24, 2023.

---

Monday: Something different is possible

Tuesday: Blended mentoring theme with The Adventure



*Improving life and leadership of assistant principals*

“The goal for me is not to be a leader. My goal is to be a good person, a good educator, and a good friend. I just want to be that person that people want to come see.”

Wednesday: Strategies for time management, but they don't work.

Today's intention: Think about the most important people you need to invest time with this week and be aware of the things that prevent you from investing in those people.

Thursday

Friday: Planning to grow

Takeaway: Please accept my challenge, please plan to grow.

---

Question of the week:

---

That is this week's Five for Friday rendition of The Assistant Principal Podcast. Before we go, I encourage you to make an intentional choice to take up my call to action.

I love being a part of your journey. I would love even more to know I am a part of your journey and for us to go on this upcoming adventure together. Please take that first step by embracing this upcoming week's challenges. Each one corresponds to one of the five stages of moving from urgent to strategic leadership. If you find the challenges beneficial, then you will also benefit from my upcoming 5-week journey. Just give it a shot and see what happens.

Most of our podcast listeners are, I think, signed up to receive the daily emails, but if you aren't just go to my website at fb.com and you'll be met with a friendly pop-up link to subscribe.

And while you are there, or if you want to find out more about my upcoming webinar, you can click on The Journey in the navigations bar.

Thank you for including me on your leadership journey. Remember that you can walk more with me by subscribing to my daily leadership email and Quadrant2, my monthly micro-journal. And if that isn't enough, we can walk further together in APEx, my virtual paid community for



*Improving life and leadership of assistant principals*

assistant principals. APEx helps you network with other APs and participate group coaching with me! You can learn more about APEx and my other offerings at my website, [frederickbuskey.com](http://frederickbuskey.com).

I cover many different themes in the podcasts and daily emails. Next Tuesday, I'll explain how those different themes fit together into a coherent set of practices called Strategic Leadership.

I'm Frederick Buskey and thank you again for joining me on this episode of the Assistant Principal Podcast. Remember to subscribe so you don't miss a single episode. Cheers!

**Frederick's Links:**

Email: [frederick@frederickbuskey.com](mailto:frederick@frederickbuskey.com)

Website: <https://www.frederickbuskey.com/>

LinkedIn: <http://www.linkedin.com/in/strategicleadershipconsulting>

Daily Email subscribe: <https://adept-experimenter-3588.ck.page/ff61713840>