



*Improving life and leadership of assistant principals*

### **Five for Friday Show Notes**

#### **Teaser:**

Whoa, what was that!

If you listened to Tuesday's incredible show with Tequilla Lamar, you noticed something new – music!

Mara and Collin have been suggesting for some time that we needed to add a few musical transitions, but I have been dragging my feet until I read a recent review of the show.

Shout out to soupman2545, who left a review that began glowingly...

“I am going to be an AP next year and have already begun using ideas from content in this podcast to improve my practice and increase my capacity in my current leadership position.”

I love getting kudos, but it was the next think part of the review that was golden:

“If I could offer one piece of feedback, it would be for show aesthetics... something so small as a jingle or catchy tune, might help hook others in and give them something to look forward to each week.”

Soupman2545, THANK YOU. It takes time and effort to write a review, and it takes a bit more to offer thoughtful feedback in a way that helps make things better.”

So, we are beginning this episode with a thank you to soupman2545- you have helped make us better.

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Insert intro

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Today's episode of Five for Friday recaps the strategic leadership emails for the week of May 15-20, 2023.



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Let's begin with celebrations: Today, I'm celebrating music! More specifically I'm celebrating the incredible Ranford Almond, a rising star, singer/songwriter who wrote and played all of the musical transitions we are now using on the show. Ranford writes genre defying tunes inspired by folk, blues, bluegrass, country, and rock with lyrics and stories that speak to the essence of what it means to be human. You can find Ranford on Spotify by searching for Ranford Almond and we will include a link in the show notes.

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This week's emails

Monday:

Tuesday

Wednesday

Thursday

Friday

Takeaway

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Question of the week:

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That is this week's Five for Friday rendition of The Assistant Principal Podcast.

Thank you for including me on your leadership journey.

I look forward to seeing you again next Tuesday when we feature my interview with one of the most well-known and prolific authors of school leadership books – the amazing Todd Whitaker! Todd offers so many nuggets of wisdom in our conversation that you won't want to miss it. The one I have been thinking a lot about is this piece of advice: make your decisions based on your best teachers, not the ones who are struggling! I hadn't though about it until now, but hasn't



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that been the underlying message of today's show? Anyway, tune in on Tuesday for a great episode.

I'm Frederick Buskey and thank you again for joining me on this episode of the Assistant Principal Podcast. Remember to subscribe so you don't miss a single episode. Cheers!

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